



# NOVEMBER 2018

## CANNON FALLS AREA SCHOOLS BREAKFAST & LUNCH MENU

This is an equal opportunity employer

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meal Prices:                      Student Breakfast \$1.70                      Adult/Guest breakfast \$2.40                      PreK-5<sup>th</sup> grade lunch \$2.50                      6-12 grade lunch \$2.60                      Adult/Guest Lunch \$4.00                      Milk only/extra \$0.55</p>	<p>All meals are subject to change and include milk choice of chocolate, 1%, skim or lactaid</p> <p>All breakfasts include juice and fruit. Cereal is available each day as an entrée choice.</p>		<p><b>Muffin</b> 1</p> <p>Chili w/Cinnamon Roll                      Cheese Stick                      Lettuce Salad                      Fresh Fruit</p>	<p><b>Bagel</b> 2</p> <p>Italian Dunker w/Sauce                      Lettuce Salad                      Veggie Tray                      Side Kick</p>
<p><b>No School</b>                      Teacher Work Day</p> 	<p><b>Banana Bread</b> 6</p> <p>Popcorn Chicken w/Rice                      Oriental Vegetables                      Lettuce Salad                      Mandarin Oranges</p>	<p><b>Breakfast Pizza</b> 7</p> <p>Ham &amp; Cheese on a Bun                      Broccoli w/Cheese                      Lettuce Salad                      Chips                      Pears</p>	<p><b>Pancakes</b> 8</p> <p>Baked Spaghetti                      Garlic Toast                      Lettuce Salad                      Cottage Cheese                      Fresh Fruit</p>	<p><b>Cereal Bar</b> 9</p> <p>Max Stix w/Sauce                      Lettuce Salad                      Veggie Tray                      Applesauce</p>
<p><b>Cereal Bar</b> 12</p> <p>Sloppy Joe on a Bun                      Lettuce Salad                      Peas                      Peaches</p>	<p><b>Muffin</b> 13</p> <p>Soft Shell Beef Taco w/Fixings                      Mexican Rice                      Lettuce Salad                      Rosie Applesauce</p>	<p><b>Cereal</b> 14</p> <p>Corn Dog                      Veggie Tray                      Side Kick  <b>EARLY RELEASE</b></p>	<p><b>French Toast</b> 15</p> <p>Turkey Gravy                      Mashed Potatoes                      Dressing / Corn                      Cranberries / Dinner Roll                      Ice Cream</p>	<p><b>Bagel</b> 16</p> <p>Mr Ribb on a Bun                      Baked Beans                      Lettuce Salad                      Pears</p>
<p><b>Cereal Bar</b> 19</p> <p>Pizza                      Green Beans                      Lettuce Salad                      Pineapple</p>	<p><b>Breakfast Sandwich</b> 20</p> <p>Hamburger w/Cheese                      Baked Beans                      Lettuce Salad                      Chips / Pickles                      Fresh Fruit</p>	<p><b>NO SCHOOL</b> 21</p> 	<p><b>NO SCHOOL</b> 22</p> 	<p><b>NO SCHOOL</b> 23</p> 
<p><b>Muffins</b> 26</p> <p>Chicken Patty on a Bun                      Winter Blend Veggies                      Peaches</p>	<p><b>Egg, Sausage &amp; Toast</b> 27</p> <p>Scalloped Potatoes w/ Ham                      Mixed Vegetables                      Yogurt / Bread                      Rosie Applesauce</p>	<p><b>Cereal</b> 28</p> <p>Meatball Sub w/Fixings                      Lettuce Salad                      Cole Slaw                      Pears</p>	<p><b>Fred Bar or Cereal</b> 29</p> <p>Assorted Sandwiches                      Vegetable Soup                      Lettuce Salad                      Crackers                      Fresh Fruit</p>	<p><b>Bagel</b> 30</p> <p>Ferndale Hot Dog w/Fixings                      Baked Beans                      Lettuce Salad                      Chips / Side Kick</p>

DAILY ON THE LUNCH LINE: ALTERNATE ENTRÉE = MEAT & CHEESE SANDWICH. An assortment of fruits and vegetables is also available.