

 **BREAKFAST**

 **LUNCH**

NOVEMBER 2019

CANNON FALLS AREA SCHOOLS

Meal Prices:
Student Breakfast \$1.80
Adult/Guest breakfast \$2.50
PreK-5th grade lunch \$2.60
6-12 grade lunch \$2.70
Adult/Guest Lunch \$4.10
Milk only/extra \$0.55

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL 1
TEACHER WORKSHOP

Breakfast Sandwich 4
Soup & Sandwich
Veggie Tray
Fresh Fruit
Day 4

Breakfast Pizza 5
Walking Taco w/Fixings
Veggie Tray
Applesauce
Day 1

Muffin 6
Chicken Patty on a Bun
Mixed Vegetables
Veggie Tray
Mandarin Oranges
Day 2

Bagel 7
Sloppy Joe on a Bun
Baked Beans
Veggie Tray
Strawberries
Day 3

Breakfast Bar 8
Hamburger w/Cheese
Pickles
Veggie Tray
Peaches
Day 4

Donut 11
Meatball Sub
Veggie Tray
Candied Carrots
Applesauce
Day 1

Fred Bar 12
Popcorn Chicken w/Rice
Oriental Vegetables
Veggie Tray
Mandarin Oranges
Day 2

Pancakes 13
Corn Dog
Veggie Tray
Pasta Salad / Fresh Fruit
EARLY RELEASE
Day 3

Cereal 14
Chicken & Rice Hot Dish
Veggie Tray
Peaches
Day 4

Banana Bread 15
Chili w/Cinnamon Roll
Cheese Stick
Veggie Tray
Applesauce
Day 1

French Toast Sticks 18
Baked Spaghetti
Cottage Cheese
Garlic Bread
Veggie Tray / Peaches
Day 2

Eggs & Sausage 19
Beef Soft Shell Taco
w/Fixings
Veggie Tray
Applesauce
Day 3

Bagel 20
Hot Ham & Cheese on a Bun
Veggie Tray
Broccoli w/Cheese
Fresh Fruit
Day 4

Muffin 21
Turkey w/Dressing
Mashed Potatoes / Corn
Lettuce
Cranberries / Ice Cream
Day 1

Breakfast Bites 22
Fish Sandwich
Baked Beans
Cole Slaw / Veggie Tray
Peaches
Day 2

Breakfast Pizza 25
Hot Dog on a Bun
Mixed Vegetables
Chips
Fresh Fruit
Day 3

Breakfast Bar 26
Pizza
Veggie Tray
Pineapple
Cookie
Day 4

NO SCHOOL 27


NO SCHOOL 28


NO SCHOOL 29


This is an equal opportunity employer

All meals are subject to change and include milk choice of chocolate, 1%, skim or lactaid.
All breakfasts include juice and fruit. Cereal is available each day as an entrée choice. All lunches include an entrée choice of Meat & Cheese Sandwich

